

JESSICA'S WORLD

A blog about family, fitness, work, and life in general



NEW WEBSITE

A work in progress.

Thank you for being a part of my journey.

LIFE EVENTS

A weekend filled with love and laughter

A weekend filled with new friends and old



SAVVI

Why have I come to love ALL. THINGS. SAVVI?

- *Community*
- *Quality*
- *Function*
- *Comfort*
- *Style*

MY FAVORITE LOOK



Who doesn't love a functional & stylish outfit?

It's no secret that I live in athleisure wear. Functional + Comfortable. Yes Please.

Why not wear the absolute best?

Rebel French Terry Top (S).

Indi Tonal Zebra Leggings (S).

Reef Sports Bra (White) (S).

FITNESS

Check out some of the latest workouts created by yours truly.

Functional Fitness

Peloton

Running



**Environment
+ Energy
LEADER**

WORK

What exactly do I do?

What don't I do?

Jack of All Trades

ABOUT JESSICA



So many layers to unwrap. Here is your "CliffsNotes" version (bringing me back to grade and middle school)

Married to my best friend, Dave. Navy Officer Extraordinaire

Dave and I have been friends for almost 2 decades

I have two amazing children, Kinsley (8) and Bobby (5)

We have two rescue dogs, Hunter (A true Mutt) and Zeus (A Great Dane)

And more.....

QUOTE OF THE WEEK

"Reflect upon your present blessings, of which every man has plenty; not on your past misfortunes, of which all men have some." - Charles Dickens